



Lake Oswego High School

Forecasting Worksheet

Current LOJ 8th Graders: This worksheet is to be filled out before you enter courses into StudentVue Online Forecasting. Entered below are the standard grade level courses, as well as space to enter electives and alternative electives. Go to the LOHS Website to access the online [Curriculum Guide](#), which contains all course descriptions, prerequisites and graduation requirements. You may also reference the Quick Course Reference Guide found under the "Forecasting Information" icon under Trending Topics on our [homepage](#).

Student Name: _____

SEMESTER 1	
Course Name	
1.	English 9 S1
2.	Geoscience S1 <u>or</u> Biology S1
3.	World History & Geography S1
4.	Advanced Communication Skills
5.	Math S1: determined by math teacher.
6.	
7.	
8.	Study Hall

Online Forecasting
in StudentVUE is
due:
February 22, 2023

Scheduling Notes:

*This worksheet is for full
year planning; please
know that Semester
courses can end up in
either semester.*

SEMESTER 2	
Course Name	
1.	English 9 S2
2.	Geoscience S2 <u>or</u> Biology S2
3.	World History & Geography S2
4.	Lifetime Health <u>or</u> Physical Education
5.	Math S2: determined by math teacher.
6.	
7.	
8.	Study Hall

*Two years (4 semesters)
of a World Language and
One year (2 semesters) of
Fine Arts (Performing or
Visual) are required to
earn a district diploma.*

*Recommended: Each
semester 9th graders
should have 7 credited
classes plus a Study Hall.*

Alternate Courses: Print <u>4</u> courses below in priority, and <u>check</u> Semester 1 or Semester 2 credit for each course.		
1.	Sem 1	Sem 2
2.	Sem 1	Sem 2
3.	Sem 1	Sem 2
4.	Sem 1	Sem 2

LOHS 2023-24 Forecasting Quick Course Reference by Grade Levels
 See Online **CURRICULUM GUIDE** for all course details and required (■) **prerequisites!**

DEPT/COURSE/CREDIT AMT	Grd	Lvls
ACADEMIC SUPPORT		
Academic Support Center	.5	9-12 ■
Math Connections	1	9-12
Study Hall	0	9-12

COMPUTER SCIENCE PATHWAY		
Intro to Artificial Intelligence	.5	9-12
Intro to Programming	.5	9-12 ■
AP Computer Sci A	1	9-12 ■
AP Comp Sci Principles	1	9-12 ■
Programming Projects	.5	10-12
Computer Program C++	1	10-12 ■

CULINARY PATHWAY		
School-Farm Intern	1	9-12
Culinary Arts I	.5	9-12
Culinary Arts II	.5	9-12 ■
Culinary Arts/Entrepren	.5	11-12 ■

ENGINEERING PATHWAY		
Digital Media	.5	9-12
Engineering/Design (EL)	1	9-10
Engineering Concepts (SC)	1	10-12 ■
Makerspace Projects	.5	10-12

ENGLISH		
Adv Comm Skills (AC)	.5	9-12
English 9	1	9
English 10	1	10
English 10 Honors	1	10 ■
English 11	1	11
AP English Lang/Comp	1	11 ■
English 12	1	12
AP English Lit/Comp	1	12 ■

--- ENGLISH ELECTIVES		
Argum/Analys/Present	.5	9-12
Journalism	.5	9-12
Philosophy of Happiness	.5	9-12
Reading for Enjoyment	.5	9-12
Creative Writing	.5	10-12
Lit through Film	.5	10-12
Newspaper	1	10-12 ■
Videogames as Narratives	.5	10-12
Yearbook	1	10-12
Alt Prog English 11	1	11-12 ■
Alt Prog English 12	1	12 ■

ENGLISH LANGUAGE DEVELOPMENT		
ELD Lit/Comp (EN)	1	9-12 ■
English Lang Dev (EL)	1	9-12 ■

FINE ARTS –PERFORMING		
<i>ACTING</i>		
Acting 1	.5	9-12
Acting 2	.5	9-12 ■
Acting 3	.5	10-12 ■
<i>BAND</i>		
Symphonic Band *	1	9-12 ■
Jazz Band	1	9-12 ■
<i>ORCHESTRA</i>		
Symphony Orchestra *	1	9-12 ■

CHOIR		
A Cappella *	1	9-12 ■
---FINE ARTS ELECTIVES		
Studio/Music Production	.5	9-12
Theater Tech	.5	9-12
Musical Theater Workshop	1	9-12 ■
AP Music Theory	1	10-12

**All students forecast for entry level Band, Orchestra or Choir courses, and then audition for placement into upper levels.*

FINE ARTS –VISUAL		
Art 1	.5	9-12
Art 2	.5	9-12 ■
Art 3	.5	9-12 ■
Ceramics 1: Handbuilding	.5	9-12
Ceramics 2: Pottery	.5	9-12 ■
Graphic Design 1	.5	9-12
Graphic Design 2	.5	9-12
Ceramics 3: Sculpture	.5	10-12 ■
Photography 1	.5	10-12
Photography 2	.5	10-12 ■
Photography 3	.5	10-12 ■
AP Studio Art/Draw	1	11-12 ■
AP Studio Art/3-D	1	11-12 ■
AP Studio Art/2-D	1	11-12 ■

HEALTH		
Lifetime Health	.5	9-12
Health Issues	.5	11-12

MARKETING PATHWAY		
Income/Money Mgmt	.5	9-12
Mktg 1	.5	9-12
Mktg 2 Advertising	.5	10-12 ■
Mktg 2 Sports/Entertain	.5	10-12 ■
Mktg 3 Entrepreneur	.5	10-12 ■
International Mktg	.5	11-12 ■

MATH		
<i>Placement by Math teacher or placement test ■</i>		

OTHER EDUCATIONAL OFFERINGS		
Peer Mentor	.5	9-12 ■
Link Crew Leadership	1	9-12
Academic Mentor	.5	11-12 ■

PHYSICAL EDUCATION		
Physical Education (Required)	.5	9-12
Team Sports	.5	9-12 ■
Personal Fitness/Yoga	.5	9-12 ■
Weight Training S1 & S2	.5	9-12 ■
Mindfulness/Yoga	.5	10-12 ■

SCIENCE		
Geoscience	1	9-12
Biology	1	9-12 ■
Intro to Chemistry	.5	10-12 ■
Chemistry	1	10-12 ■
Intro to Physics	.5	10-12 ■
Physics	1	10-12 ■
Ecology/Conservation	1	10-12 ■

SCIENCE ELECTIVES		
Engineering Concepts	1	10-12 ■
AP Biology	1	11-12 ■
AP Chemistry	1	11-12 ■
AP Environmental Science	1	11-12 ■
AP Physics C Mechanics	1	11-12 ■
Human Phys/Anatomy	1	11-12 ■
Oceanography	1	11-12 ■
Organic Chemistry	1	11-12 ■

SOCIAL STUDIES		
World Hist/Geography	1	9-12
US History	.5	10-12
US Govt & Civics	.5	10-12
America/Contemp World	1	11-12
AP US History	1	11-12

SOCIAL STUDIES ELECTIVES		
Constitutional Law	.5	9-12
Adv Constitutional Law	.5	10-12 ■
AP European History	1	10-12
Criminal Justice	.5	10-12
Ethnic Studies 1	.5	10-12
Hist of Pop Music	.5	10-12
Intro Women's Studies	1	10-12
Psychology 1	.5	10-12
Psychology 2	.5	10-12 ■
Sociology	.5	10-12
Sustainability	1	9-12
AP Economics	1	11-12 ■
AP Psychology	1	11-12
AP US Government	1	12

SUPPORTIVE PROGRAMMING		
<i>Case Manager placement ■</i>		

WORLD LANGUAGE		
1: Chinese, French, Spanish or ASL	1	9-12
2: Chinese, French, Spanish or ASL	1	9-12 ■
3: Chinese, French, or Spanish	1	9-12 ■
4: Chinese, French, or Spanish	1	9-12 ■
AP Chinese	1	9-12 ■
AP French	1	9-12 ■
AP Spanish	1	9-12 ■
AP Spanish Lit	1	9-12 ■

OFF CAMPUS OPPORTUNNITIES		
Early Release	0	9-12
Late Arrival	0	9-12
Classes at Lakeridge HS**	.5 - 1	9-12 ■
Cadet Teaching	.5	11-12 ■

** Contact counselors to discuss
 ■ = Prereq, App, Audition or Recommended:
 see Curriculum Guide 2/16/23

ESTIMATED AVERAGE NUMBER of HOURS of HOMEWORK per WEEK

Based upon teachers' survey responses on the estimated weekly hours of homework for a sampling of courses at LOHS. The TIME MANAGEMENT WORKSHEET that follows will help you anticipate the amount of homework that these, and non-listed courses, may require.

BUSINESS:

Income & Money-0.5
Int'l Marketing-1
Marketing 1-0.5
Marketing 2: Adver.-0.5
Marketing 2: Sports-0

Culinary Arts:

Culinary Arts 1-0
Culinary Arts II-0
Culinary Arts/Entrepren-0

ENGLISH:

AP English Lang (11)-6
AP English Lit (12)-6
Creative Writing-0.5
English 9-3
English 9 Honors-5
English 10-3
English 10 Honors-6
English 11-3.5
English 12-3.5
Journalism-2
Newspaper-1.5
Reading for Enjoyment-0

FINE ARTS:

A Capella- 1
Acting 1-0
Acting 2-0
Acting 3-2
AP 2D Art - 2
AP 3D Art-1
AP Music Theory-3
Art 1 & 2 - 0
Art 3 - 1
Bel Canto-1
Ceramics 1-0
Ceramics 2-0
Ceramics 3-0.5
Laker Choir-1
Musical Theater-0
Orchestra-2
Performance Seminar-0

Photography 1-0
Photography 2-2
Treble Choir-1
Windjammers-1

HEALTH:

Health Issues-1
Lifetime Health-1

LEADERSHIP:

Leadership-1

MATH:

Adv Algebra A-3.2
Adv Algebra-2.5
Algebra-2
AP Calculus AB-6
AP Calculus BC-6
AP Statistics-4
Discrete Math-2
Geometry-3
Integr Alg/Geometry-1
Math Connections-0
Pre-Calculus-4
Strategic Math-0

PHYSICAL EDUCATION:

Lifetime Sports-0
Mindfulness & Yoga - 0
Physical Education-.25
Weight Training-0

SCIENCE:

Geoscience-1.5
Biology-1.5
AP Biology-6
Intro. to Chemistry -2
Chemistry-5
AP Chemistry-6
Intro. to Physics-2
Physics-2
AP Physics C: Mechanics-3
Ecology-1
Engineering Conc.-0

AP Environmental Sci-3
Human Phys & Anat-4
Intro to Eng. Design-0
Oceanography-2

SOCIAL STUDIES:

Adv Con Law-2
America & Con World-1
Anthropology-.5
AP Economics-2
AP European History-3.5
AP Psychology-3
AP US Government-2
AP US History-3
Constitutional Law-.5
Intro to Women's Std-1.5
Sociology-.5
US History & Gov-1
World History-1

TECHNOLOGY:

AP Computer Science A - 4
Digital Media-.5
Programming Projects-.5

WORLD LANGUAGES:

Chinese 1-1.5
Chinese 2-1.5
Chinese 3-2
Chinese 4-2
AP Chinese-2
Spanish 1-1.5
Spanish 2-1.5
Spanish 3-2
Spanish 4-2
AP Spanish-2
French 1-1.5
French 2-1.5
French 3-2
French 4-2
AP French-2
Japanese 4 -1.5

TIME MANAGEMENT WORKSHEET:

1. **SCHOOL HOURS:** Time spent in classes at LOHS is 5 days x 7 hours = **35 hours**
2. **HOMEWORK HOURS:** List all the course titles you plan to take along with the estimated hours of homework per week.

Course Titles	Weekly Homework
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
Total hours of homework per week = _____	

3. OUT OF SCHOOL ACTIVITIES HOURS:

Estimate your number of weekly hours (including transportation) for your out of school activities. Examples include: The Arts (Music, Theater, Art, etc.), Athletic Teams, School Clubs and Activities, Paid Jobs, Hobbies, Interests, Volunteering.

Total hours of out of school activities per week = _____

4. LIVING ACTIVITIES TIME:

Sleep is 7 days x 8 hours and equals **56 total hours**. Yet, there are additional living activities. Add to your list the time it takes for all the other necessities. Examples are: Eating (food prep, clean up, consuming food, food shopping, etc.), showering, chores, family time, free time (friends, TV, phone, internet, games, etc.), travel time related to any of these (time in car, bus, etc.), etc.

Total hours of living activities per week = _____

Now enter and add up your results.

1. School Hours total is: **35**
2. Homework Hours total is: _____
2. Out of School Hours total is: _____
3. Living Activities Hours total is: **56** plus _____ = _____

Total = _____ There are only **168** hours in a week.

If your anticipated weekly average is more than 168, you need to think about healthy ways you can balance your schedule and still have a great high school experience.



Lake Oswego High School

Placement Options

2023-2024

Honors English:

- All 8th grade students at Lake Oswego Junior High who are interested in taking English 9 Honors must complete a process that will be communicated through their 8th grade English Language Arts teacher in the spring.
- The process includes writing a letter explaining why you want to be in the class and an assessment from the student's current teacher.
- Students transferring into the district will have the option of completing the process in May and August. Please contact the counseling office at 503-534-2314 to sign up.
- Paperwork may be picked up in the Lake Oswego High School counseling office or downloaded from the [English Department's](#) website.
- Students/parents who would like additional information regarding the appropriate English placement for their child are welcome to contact Marcy Huss.
- If the committee suggests placement to be regular English, the student is given one additional option. After weighing the committee's feedback, students and their parents may decide to enroll in the English 9 Honors, by emailing Brian Crawford, Assistant Principal and Marcy Huss.
- Lake Oswego High School students in grades 9-11 may forecast for English 10 Honors, AP English Language and AP English Literature without completing any additional processes.
- Students in Honors or AP English classes will be expected to complete assignments over the summer through Google Classroom.

Math:

- Placing students in the correct level of math is one of the most important decisions we make. It is imperative that we work together to place your student where they have the opportunity to be successful yet appropriately challenged.
- Eighth grade math teachers, under the guidance of the high school math department, will determine student's recommended placement based on their current performance.
- Students transferring into Lake Oswego High School are strongly encouraged to take a placement exam before school starts. We will also review students' current grades and progress to help determine placement. Math placement testing opportunities are in June and August. Please contact the counseling office 503-534-2314 to sign up.
- In May, all math teachers will recheck their recommendations and communicate appropriate changes based on the student's academic progress at that time.
- Concerns/questions about initial math placement recommendations should be first communicated with the student's current math teacher.
- Parents should not change their child's math placement without consultation with the administration/math department chair at Lake Oswego High School.
- Placement is based on each student's success/potential in the Lake Oswego curriculum.
- We do not necessarily recommend or support students taking a summer math class to accelerate in the math curriculum. Students wanting more information about our rationale should contact Kelly Bohne, Math Instructional Team Leader, and/or Brian Crawford, Assistant Principal.

Science:

- Geoscience is the recommended course of study in ninth grade. Students who do not complete Geoscience will need to complete AP Environmental Science later during their time in high school to fulfill the Lake Oswego School District diploma requirements.
- Some students may elect to take Geoscience and Biology in ninth grade.
- If you would like to discuss science placement, you may contact Brian Crawford, Assistant Principal.

World Language:

- Lake Oswego High School currently offers Spanish 1-4, AP Spanish Language, AP Spanish Literature, French 1-4, AP French, Chinese 1-4, AP Chinese and American Sign Language (ASL) 1-2.
- Lake Oswego High School requires two years of world language for graduation. Some universities require or strongly recommend more than two years of language and students should check out those requirements prior to forecasting.
- Students who took high school level Spanish or French courses while in middle school will receive world language credit on their Lake Oswego High School transcript.
- Students transferring into Lake Oswego High School that have taken prior years of World Language should plan on taking the STAMP placement test. We are offering the test in June and August. Please contact the counseling office at 503-534-2314 to sign up.
- If your student took first year Spanish or French at the middle school and successfully passed with an A, B or C, they should register for second year language at Lake Oswego High School.
Students who received a C or better should NOT repeat first year language unless there are extenuating circumstances and it is cleared through high school administration.
- Students wishing to begin World Language in ninth grade may select year 1 of any language they prefer.
- If you have concerns about your student's transition to high school, we suggest you consider waiting until tenth grade to begin World Language, allowing them to be more successful after they have adjusted to the demands of high school.

9th Grade Forecasting FAQ

Is English 9 Honors an option for next year?

If you are interested in taking English 9 Honors, students should select English 9, then later this spring there will be a process that will be communicated through the 8th grade ELA teacher, for students to express interest in English 9 Honors. There will be summer homework on a Google Classroom for students who plan to take the honors course. We will have a process for transfer students to complete if they are interested in taking honors.

Should I take Geoscience or Biology?

Our graduation requirements now include successful completion of 1.0 credit in Earth Science. Most students complete this requirement by taking Geoscience in 9th grade. If a student opts not to take Geoscience, then AP Environmental Science will need to be taken later on to fulfill the Earth Science requirement. Some 9th graders choose to do this and take Biology in 9th grade. Students taking Biology in 9th grade should have successfully completed Algebra in 8th grade. Students who have a passion for science can also take both Geoscience and Biology in 9th grade, as long as the math prereq is met.

Can I repeat a second language in 9th grade?

Yes! If a student is feeling unsure about their transition to highschool and advancing in their second language studies (Ex: Spanish 1 to Spanish 2 or French 2 to French 3), then we recommend repeating that year for elective credit at the high school before advancing to the next level.

Should I take Lifetime Health or PE? Can I take both?

Since all students need to take 1.0 credit of Health and PE to graduate, we recommend that students start completing some of this required coursework by taking either Lifetime Health or PE in 9th grade. If a student takes Lifetime Health in 9th grade, then they'll likely schedule for PE in 10th grade. Since we try to keep the balance in both classes, we prefer that students just take one of these (Lifetime Health or PE) in 9th grade.

Do I have to take a study hall?

We strongly encourage all students (9-12th) to have at least one study hall or free period in their schedule. A study hall is extra time in the student's day to work on homework, check in with a teacher regarding missing work, make up a test or quiz, or access academic support. A study hall is also helpful when trying to balance time for outside activities/clubs/sports. 9th graders will be on track for credits with a study hall in their schedule each semester.



TIPS & REMINDERS

FIRST STEP:

REVIEW 2023-2024 CURRICULUM GUIDE — provides list of course offerings, course descriptions and prerequisites.

KEY REMINDERS:

- ★ Forecast for at least 7 credited classes (not including late arrival or early release)
- ★ DO NOT FORECAST for
 - Dept. Assistant, Independent Study, Work Experience or Leadership (but you can forecast for *Link Crew* Leadership)
- ★ APPLICATION CLASSES-
 - Go ahead and forecast for any classes that require an application or audition (course determination & placements will be made in spring).
 - All applications can be found on the high school's website, under the **"FORECASTING INFORMATION" icon.**

AUDITION CLASSES:

- ★ Band: If taking a band class, forecast for **Symphonic Band**, audition, and schedule adjustments will be made based on teacher placement.
- ★ If you would like to take **Jazz Band** forecast for that as well, separately.
- ★ Orchestra: If taking an orchestra course, forecast for **Symphony Orchestra**, audition, and schedule adjustments will be made based on teacher placement.
- ★ Choir: If taking a choir class, forecast for **A Cappella**, audition, and schedule adjustments will be made based on teacher placement.

SENIORS (to be): If interested in applying to University of California colleges be sure you have 2 consecutive years of art. (**Example:** Acting 1 & Acting 2 or Ceramics & Advanced Ceramics or Art 1 & Art 2)

9th Gr online forecasting closes February 14th

10th Gr online forecasting closes February 21st

11th Gr online forecasting closes Feb 27th

8th Gr online forecasting closes Feb 22nd



COURSES REQUIRING AN APPLICATION

All applications due March 10th

- Academic Mentor (Gr. 11-12)
- Cadet Teaching (Gr.11-12)
- International Marketing (Gr. 11-12)
- Newspaper (Gr. 10-12)
- Peer Mentor (Gr. 9-12)
- Yearbook (Gr. 10-12)

All applications are located on the school home page under the FORECASTING INFORMATION icon

COURSES REQUIRING AUDITIONS

Audition dates TBD

- A Cappella Choir
- Bel Canto Choir
- Jazz Band
- Symphony Orchestra
- Wind Ensemble
- Windjammers

If you do not fill out an application or audition and input the course as a selection, you will not be considered for acceptance and the course will be removed.